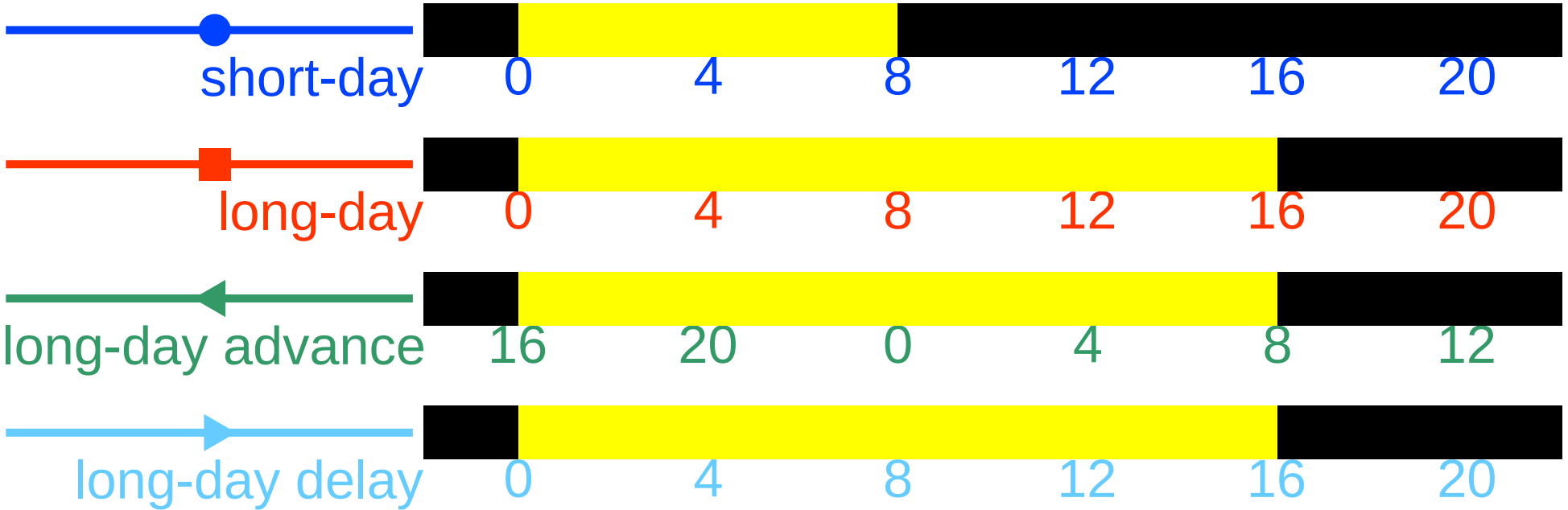
short-day
0
4
8
12
16
20
long-day
0
4
8
12
16
20
long-day advance
16
20
0
4
8
12
long-day delay
0
4
8
12
16
20